



# About

From the earliest days of my life, I have been deeply attuned to the emotions and perspectives of those around me. This profound spiritual sensitivity led me to venture beyond the conventional religious beliefs of my family of origin, seeking a deeper connection and fulfillment on a spiritual level. I lived in Rome for 13 years in the heart of European spiritual growth, where I attended many courses and met many famous individuals who work in spirituality. After obtaining multiple degrees in business and management, I decided to switch careers to better impact people's lives instead of just managing them. I have a Ph.D. in Counselling from the United States (BACP and UKCP accreditation); however, my practice combines parapsychology, intuition, and spiritual insight.

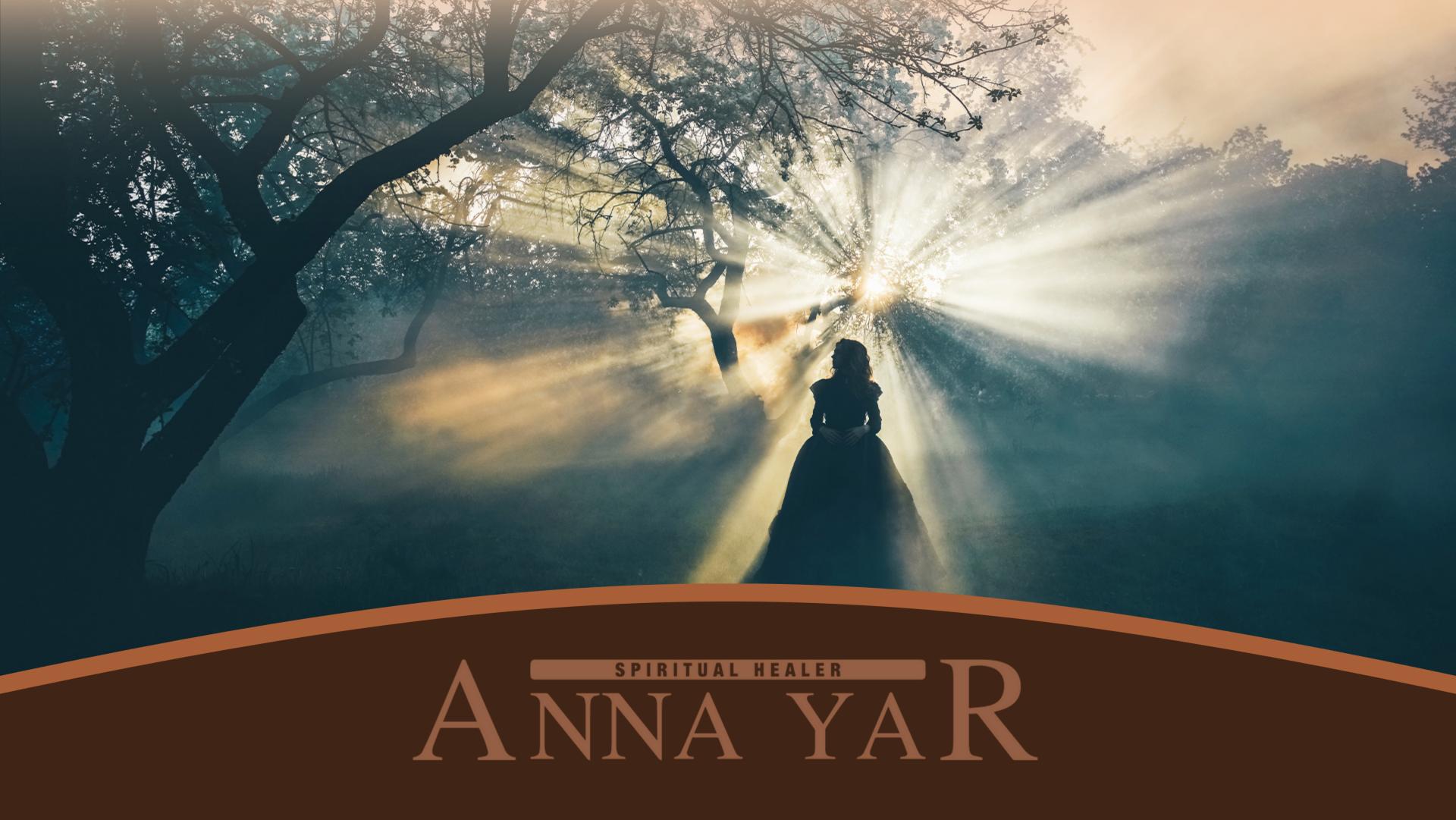




### How I work

As a counselor, I incorporate numerology, astrology, and Kabbalistic methods in addition to traditional counseling techniques to better understand my clients. I am dedicated to constantly improving my personal and professional life, and the overwhelmingly positive feedback from my clients is reassuring and deeply gratifying. Over the years, my client base has grown consistently, not just in Italy and England, where I currently reside, but globally, thanks to my proficiency in Italian, Russian, Arabic, and English.





### Sessions:

"Numerology personal map" provides a detailed life-year map, personality analysis, career and love advice. "Astrology personal map" provides a detailed analysis of a person's personality and offers advice on various aspects of their life, including karmic knots.

"Vedic astrology personal map" (different from the traditional astrology map as follows moon phases) provides a detailed analysis of a person's personality and offers advice on various aspects of their life, including karmic knots. "Counseling sessions" .

"Numerology by Kabbalah" calculates three main numbers associated with three planets using the client's name, surname, and date of birth. This process provides valuable insights into the client's personality and karma. Moreover, I can introduce you to your personal angel from the 72 Angels of the Kabbalah. You can contact your secret angel in the future whenever you need guidance. "Philippine treatment" is a healing that effectively addresses physical, mental, and spiritual blockages. I can detect physical issues and pass energy to the problem areas as a practitioner. I have also learned to recognize and comprehend negative influences from clients' present and past lives. During the healing sessions, I often experience physical symptoms that mirror those of my patients. This helps me focus my energy on the areas that require healing. I can also perceive painful experiences from the client's past life and remove them from their aura. It is important to note that while my healing sessions offer substantial benefits, they do not replace traditional medical treatments.

The journey towards healing is unique to every individual. The amount of time needed to see results varies based on an individual's spiritual maturity, the nature of the issue, and how long it has been present. This type of healing can only be performed in person and cannot be done through online sessions. I need to physically contact the client, placing my hand on their body to facilitate energy flow. The session can occur either at my location or the client's.







## Testimonial

#### Claudia Gonzalez Galban

I received several treatments from Anna during a seminar. The most noteworthy one was about my problem of not being heard. When I speak, people don't seem to listen or hear me. Right after the healing, I wanted to share my experience with the other participants of the seminar and my voice was gone. I couldn't talk, and it took a moment for me to clear my throat to finally be able to say what I wanted to say. This is a perfect example to me that Anna's healing worked. Even though she works on the spiritual body, there's an effect on the physical body as well. Anna is an exceptional healer, and I will continue consulting her in the future. Thank you for your work.







# Testimonial

#### Patrizia Bonci

Ho ricevuto guarigione da Anna nel Febbraio 2022... veramente una grande energia!!! Grazie, perché tutto questo fuoco mi ha aiutato nelle settimane successive ad affrontare un grande cambiamento!



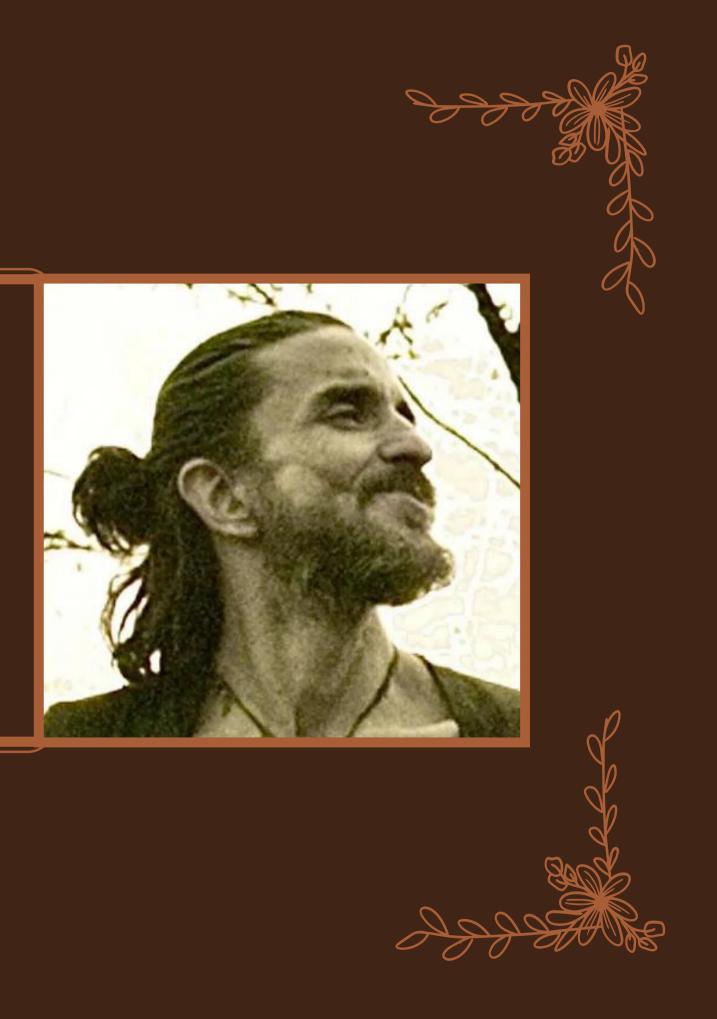


## Testimonial

#### Sascha Girndt

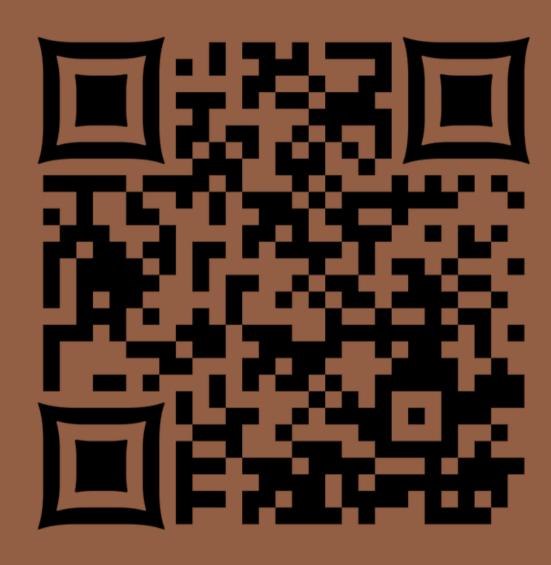
Anna is very special. During our treatment, I saw the gaze of a tiger. Seeing there is literally the entry point to approach Anna's nature and her power circulation. Fantastic sounding, but true – in her work it is exactly the clear vision, fineness and chemistry of this feline predator that accompanies Anna. It carries and guides as an underpinning the bond with her spiritual intuition. On this foundation is based her gift of clairvoyant abilities. I have rarely experienced this power in this blessed expression. It creates here the space of true revelation about the spiritual interweavings of the patient. She becomes a medium of a visual language that rises in transformative unfoldment and healing effect. Thank you!











Website www.annayar.com















#### Contact North East and Cumbria

- Phone (+44) 496434435
- Website www.annayar.com
- Email yaranna.uk@gmail.com